



Chow Mein

(51% White Whole Grain)

Product Code: 8-52724-00301-6

Hearty chow mein noodles in a savory vegetarian sauce

Our products do not contain MSG, peanuts, peanut oil, or lard and are zero trans fat.



Pack size: 4-2.5 lb. Noodles • 4-16 oz. Sauce

Ingredients:

Noodles: Whole grain flour, bleached wheat flour, water, soybean oil, turmeric and salt.

Sauce: Water, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom), sugar, salt, garlic, ginger, green onion and white pepper powder.

Allergens: Soy and wheat

Made in the USA

Child Nutrition

Grain: 1 cup cooked Chow Mein Noodles

Serving Size:

2.8 oz. = 1 cup cooked Chow Mein Noodles
.8 oz. sauce

Approximate servings per case: 80

This 2.8 oz. serving provides 2 equivalent whole grain servings according to the Food Buying Guide for Child Nutrition Programs.

I certify this information is true and correct.

Lore Eipelding

Vice President

10/30/2017

Nutrition Facts

Serving Size 2.8 oz (79g)
Servings Per Container 80

Amount Per Serving		Calories from Fat 36	
Calories 173			
		% Daily Value*	
Total Fat 4g			6%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 554mg			23%
Total Carbohydrate 30g			10%
Dietary Fiber 3g			12%
Sugars 2g			
Protein 4g			8%
Iron 20%			
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Preparation

Steam, low boil, stir fry or bake noodles in oven (if using oven method open sauce packets, pour contents over noodles, cover and bake at 250 degrees until warm). Stir frequently. You may cut noodles with scissors for easier serving. Low boil or steam sauce packets. Open and pour over noodles and mix together. If desired, add onion, cabbage carrots or celery.

Shelf life

1 year frozen

SUGGESTED SPECIFICATION

Cases to contain:

- 4-2.5 lb. Noodles, 4-16 oz. Sauce
- 80/2.8 oz. servings per case

May not contain:

- MSG, artificial coloring or flavoring
- Isolated soy protein
- Peanuts or peanut oil

Bid Yang's 5th Taste #00301-6 or pre-approved equal only



For further information please call, 909.593.4797